

The Counselling Space

Counselling Contract

Counselling Contract Form

This contract is between The Counselling Space, based at the Rose Lipman Building in 43 De Beauvoir Road, N1 5SQ and led by the project's Lead Counsellor, Claudia Turbet-Delof, Registered Member MBACP Person Centred Counsellor and the Client

Dated: _____ Client's Address: _____

Postcode: _____ Phone Number(s): _____

GP / Surgery: _____

The Counselling Space (Community Project)

The Counselling Space is a new project created to support the community by offering free therapy sessions to adult, children and families in East London.

The project is led by Claudia Turbet-Delof, Lead Counsellor and Registered Member MBACP (British Association for Counselling and Psychotherapy). Our Counsellor is bound by its code of ethics and practice and subject to its complaints procedure. The project works using a humanistic model of counselling with the person-centred approach. The Counselling Space is committed to providing a safe, therapeutic environment for all our clients.

Confidentiality and Records

The content of the sessions is confidential between Counsellor and Client, there will be the need to discuss the therapeutic work with the Counsellor's Clinical Supervisor. The Counsellor will use your first name but not use any other identifying details about you. On very rare occasions if we discover there is a need to communicate with other professionals, this will only happen by seeking your permission and knowledge of what is going to be discussed.

In the event where the client is at risk of danger to self or to others, is smuggling drugs to the country or involved in any act of terrorism and national security, the Counsellor is obliged to disclose and communicate to the pertinent authorities of such information without any previous consent from the Client.

The Counsellor will make brief notes after each session to help monitor the work. You will not be identified from these records and they are securely stored.

The Counsellor Insurance includes personal indemnity and public liability.

Contact outside sessions

The Counsellor will not contact clients outside working hours.

The Counsellor will not contact clients to remind of weekly sessions unless to inform of cancellation or reschedules if any are taking place. In the case of young people and parents/carers, the Counsellor will not report back to parents/carers/school on the progress of their child/pupil at the therapy sessions. Sessions are confidential.

Sessions and Fees

We offer six sessions of person-centred therapy, sessions are free of charge and last 50 minutes per session

Venue

The Rose Lipman Building, 43 De Beauvoir Road, N1 5SQ. Please note the Venue does not hold any responsibility for the clinical work of The Counselling Space (we will hold virtual sessions during Covid19)

Cancellation

If less than 48 hours notice of cancellation of a session is given by you (unless in an emergency) the session will count towards your number of sessions scheduled.

In the event the Counsellor not being able to give you your session because of illness, the Counsellor will give you as much notice as possible and/or an alternative date if rescheduled.

This agreement is fully understood and agreed to and is signed as it stands by:

Name: _____ Client

Name: _____ Counsellor

Date: _____